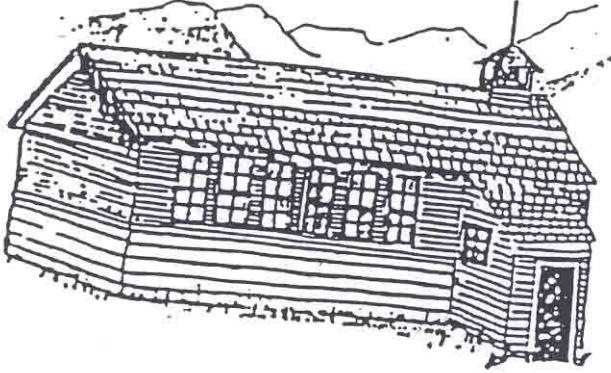


Evaro Mountain Challenge

5K and 10K Runs and Walks



When: Saturday May 30, 2009

Time: 10 AM, except 10K walk at 9:30

Registration: 8:30 to 9:45 AM

Entry: \$8/\$22 if postmarked by May 14 (higher price incl T-shirt), \$10/\$24 race day, family (3+) \$20 excluding t-shirts in advance only.

Long Sleeved T-Shirts only: (sizes limited race day) \$14

Location: Mile 7 on Hiway 93N (Evaro)

Ethel MacDonald quoted in the Missoula Road and Track newsletter. "The big events are great; however, when it comes to just fun runs, it's hard to beat the Evaro Mountain Challenge (the 10K course -- the 5K is just the Evaro Run, no mountain challenge there). Don't wear your new white shoes."

-----**ENTRY FORM**-----

Mail to: Bob Hayes, 6125 Mercer Lane, Evaro, MT 59808. Call Bob at 726-3695 or Helen at 543-4392, make checks payable to Evaro Community Center. Proceeds support the Community Center. Donations are appreciated.

Special awards to overall winners by sex of the two runs. The two runs have medals to first and ribbons to second and third place in each age group (5 yr for kids, otherwise 10 years) and sex. Racewalks have medal or ribbons to top three finishers by sex.

CHECK ONE

- 10K Run: Challenging trail course for those who want to run or run and walk.
- 10K Racewalk: Absolutely no running, must be 16 or older. No age group awards.
- 5K Run: On gravel road through scenic valley. Run or run and walk.
- 5K Racewalk: Absolutely no running, must be 16 or older. No age group awards.
- 5K Funwalk: Noncompetitive -- walk, run, or stroll. Fun awards to top finishers.

Name: _____ Sex _____ Age race day _____

Street, phone _____

City, State, Zip _____

Short sleeve T-Shirt: None this year

Long sleeve T-Shirt: None _____ S _____ M _____ L _____ XL _____

I hereby for myself, my heirs, executors & and administrators, do waive and release any and all rights and claims for damages of any nature (except gross negligence) which I might have against any organization, municipality or individual associated with this event. I agree to hold harmless from any claim such parties. I know that I must be in good health to participate and that there might be unmarked hazards on this rustic course. I understand these conditions.

Signature (parent or guardian if under 18)

Date

