

## **BLACK EAGLE DAM RUN**

**JULY 4, 2010**

**8:00 a.m.**

**5k Race: Run/Health Walk  
6 Mile Run**

**Sponsors: MRO, Hub  
International, Gold's Gym,  
Tire-Rama, Dr. Robert  
West, DDS., On Our Way,  
Lucero and George**

**Location: Memorial Falls Park.  
Veer right at the Y at the Black  
Eagle Community Center. Go  
down the hill past the dam to  
parking area. Race starts near  
the dam, and finishes by the  
parking lot. Follows the north  
bank rivers edge trail to West  
Bank park, and back. 5K turn  
at the refinery.**

**Runners receive T-shirt, sizes on  
first come first serve basis. Post  
event refreshments. Awards to  
the top 3 finishers in each race.  
Drawing for prizes.**

**All proceeds raised benefit the  
CMR High School cross-country  
team. Team members will help  
organize and set up course.  
Thanks for your support and  
enjoy the River's  
Edge Trail.**

## **2010 Black Eagle Dam Run**

**\$20.00 Add \$5.00 race day.**

**Make checks payable to CMR cross-  
country. Mail to 5501 5<sup>th</sup> Ave. South.  
Great Falls, MT 59405. Questions  
Contact: Doug Darko 727-5234**

**Distance: 5K( ) 6 mile ( )**

**Age July 4, 2009 ( )**

**Shirt Size: S( ) M( ) L( ) XL ( )**

**Youth: M( ) L( )**

**Last Name \_\_\_\_\_**

**First \_\_\_\_\_**

**Phone \_\_\_\_\_**

**Address \_\_\_\_\_**

**City/Zip \_\_\_\_\_**

**Wavier: In consideration of the foregoing, I for  
myself, my executors, administration and assigns,  
do hereby release and discharge any rights and  
claims for damages incurred before, during and  
after the race, against officials and sponsors of the  
Black Eagle Dam Run, individuals, volunteers,  
their representatives and all successors from all  
claims or liabilities of any kind arising out of my  
participation even though said liability may rise  
out of negligence or carelessness on the persons  
named on wavier. I attest and verify that I am  
physically fit and have sufficiently trained for this  
event. I also grant permission for all of the  
foregoing to use any publicity, my name and/or  
pictures of my participating in this event with no  
obligation or liability to me. Parent or legal  
guardian must sign /date if under 18.**

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