

WHAT

5k Run/ Walk

Stroller Stampede (1 mile fun walk)

WHEN

Saturday July 31, 2010

5K- 9:00 AM

STAMPEDE – 10:30 AM

WHERE

South Valley Child and Family Center

515 Madison St

Hamilton MT 59840

EVENT HIGHLIGHTS

5K: Will begin at the SVCFC and run down through the River Park, out Shady Lane and loop back to SVCFC. Strollers are welcome ☺

Stroller Stampede: This is a 1 mile fun run/ walk designed to include the whole family.

Entry Fees

Pre-Registration Deadline: July 24th

5K: \$15 (includes Stampede)

Stroller Stampede: \$5

(\$15 per family, please send registrations together)

Late/Race Day Registration

5K: \$20 Stampede: \$5

PRE-REGISTRATION

To be pre-registered your completed registration form must be postmarked/received by July 24th, 2010.

Please Make Checks payable to:

Bitterroot Breastfeeding Coalition

215 s 7th

Hamilton MT 59840

RACE DAY INFORMATION

Registration time:

5K 8:00am

Stroller Stampede 9:30am

Start Time:

5K 9:00 am

Stroller Stampede 10:30 am

REGISTRATION FORM

ONE FORM PER PERSON

July 31, 2010

Bitterroot Stroller Stampede

& 5 K Run/Walk

Name: _____

Address: _____

Phone: _____

E-Mail: _____

Age: (Race Day) _____

Registration:

- 5K Pre-Registration
\$15 (until July 24th)
\$20 Late Registration
- Stroller Stampede
\$5 (family \$15 Please
Mail forms together☺)
- Sign me up for both!!
\$15 (until July 24th)
\$20 Late Registration

Waiver and Release Statement

In consideration of accepting this entry, I RELEASE - for myself and my heirs, executors, administrators, legal representatives, assigns and successors in interest, and for my child (if parent or guardian signing on behalf of a participant under the age of 18, referred to as "my child") - the Bitterroot Breastfeeding Coalition, SVCFC and City of Hamilton, and all other promoters, sponsors, organizers and volunteers of this event, and the officers, directors, shareholders and/or members, agents and employees of each, as well as all medical, law enforcement and other personnel assisting with this event, the owners of property through which the event course traverses, and their representatives, successors and assigns (collectively "Released Parties") from any and all rights, claims or liability for damage for any and all injuries to me, my child or my property arising out of or in connection with my participation in this event, including acts of God. I further agree that I WILL DEFEND, INDEMNIFY AND HOLD HARMLESS the Released Parties against all claims, demands and causes of action, including court costs and reasonable attorneys' fees, directly or indirectly arising from any action or other proceeding brought by or prosecuted contrary to this Agreement for the benefit of me or my child. This Agreement extends to all claims of every kind and nature whatsoever, whether known or unknown. I FULLY ASSUME THE RISKS ASSOCIATED WITH MY AND/OR MY CHILD'S PARTICIPATION IN THIS EVENT, including but not limited to: the dangers of falls and collisions with pedestrians, vehicles and fixed or moving objects; the dangers of road conditions, surface hazards, weather conditions, and inadequate clothing; encounters with wild or domesticated animals; the possibility of serious physical and/or mental trauma or injury or death associated with an athletic trail run; and dangers caused by others' negligence. I certify that I am and/or my child is physically and mentally fit to participate in this event. I understand that entry fees are necessary to meet the cost of preparation, months in advance of the run, and that if the run is canceled because of weather conditions, fire, drought, acts of God, or other circumstances beyond the control of run management, the entry fee will not be refunded. PARENT OR GUARDIAN MUST SIGN FOR MINOR. I certify by my signature that the information I have provided on this form is accurate. I also agree that all photographs taken by Event representatives during the Bitterroot Baby Run & Stroller Stampede, or likenesses rendered from these photographs become the property of the BBC and may be used to promote the Event and other Coalition activities.

Signature of Participant:

Date: _____

THANK YOU TO OUR SPONSORS!!!!

Bitterroot La Leche League

Dr. Renee Goddard

Marcus Daly Memorial Hospital

Ravalli County WIC

Ravalli County Public Health

Hamilton Obstetrics and Gynecology

Family Medical Center

Corvallis Family Medicine

***SPECIAL THANK YOU TO SOUTH VALLEY
CHILD AND FAMILY CENTER FOR
HOSTING OUR EVENT!**

ADDITIONAL INFORMATION

*100%of proceeds from the **Bitterroot Baby Run and Stroller Stampede** will go to the Bitterroot Breastfeeding Coalition.

Our Mission:

"Increase breastfeeding initiation and duration rates in the Bitterroot Valley through the education, support and encouragement of pregnant and breastfeeding woman"



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