

**2010 BIGFORK RIVER
RUN/WALK 5K
AUGUST 14TH
USATF SANCTIONED**



Who? Everyone!!!! ☺

Cost: 13 and over \$15.00. Children 12 and under \$10.00.
Late registration \$20.00

What? BIGFORK RIVER RUN/WALK 5K
Proceeds will benefit the Bigfork High School and Middle School Cross Country programs.

How? Please send your completed registration form (detach below) and entrance fee to:

Bigfork Cross Country
P.O. Box 364
Bigfork, MT 59911

(Registration forms must be received by July 31st to guarantee a t-shirt)

Please make checks payable to...[Bigfork Cross Country](#)

When? Saturday, August 14th
Race Day Registration begins at 7:30a.m.
(T-shirts not guaranteed for late registration)

Run begins at 8:30a.m.

Where? The race will begin at Bigfork High School, proceed along the scenic Bigfork River Trail, and return back to the high school for the finish.

Prizes...A handcrafted Morley Canoe Paddle will be presented to the overall male winner and the overall female winner of the race. Ribbons will also be awarded to the winners of each age group.

More Information: [Contact Jill at 212-6760](#)

2010 Bigfork River Run/Fitness Walk Registration Form

Name _____

Address _____

Phone _____

eMail _____

Age on Race Day	_____	T-shirt Size	S	M
Female	Male	(Circle one)	L	XL

Waiver: In consideration of the foregoing, I for myself, my executors, administration and assigns, do hereby release and discharge any rights and claims for damages incurred before, during and after the race, against USA Track & Field and Montana USA Track & Field, the officials and sponsors of the Bigfork River Run/Walk, individuals, volunteers, employees, their representatives and successors from all claims or liabilities of any kind arising out of my participation even though said liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I attest and verify that I am physically fit and have sufficiently trained for this event. I also grant permission for all of the foregoing to use any publicity, my name and/or pictures of my participating in this event with no obligation or liability to me. Parent of legal guardian must sign if athlete is under 18. NO ENTRY WITHOUT VALID SIGNATURE.

Signature/Date

Signature of Parent/Guardian if Participant is under 18 years/Date

